

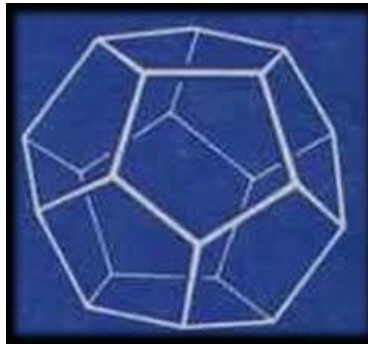
Anthroposophical Society – Greater Washington DC Branch

The Branch Festivals Group

## Michaelmas Observance 2018

Thursday, October 4, 7:30 pm

Eurythmy Room, Washington Waldorf School, 4800 Sangamore Rd., Bethesda, MD 20816



With the burning of the first Goetheanum on New Year's Eve 1923, the anthroposophical movement lost its physical mystery center. At the Christmas Conference of 1923/24, Rudolf Steiner laid the foundation stone for a new mystery center in the hearts of the individual members, in the form of the Foundation Stone Meditation with its three exercises — Practice *spirit-recalling*; practice *spirit-meditating*; and practice *spirit-envisioning* — and its culminating fourth panel.

This year the Festivals Group will focus our Branch observances on this powerful meditation, offering the opportunity to work artistically with speech artist Debbie Spitulnik. In choosing this focus, we are joining in the worldwide motif suggested by the Goetheanum Leadership.

For our Michaelmas observance Debbie will lead us in working with the first panel of the meditation, using the translation by Ernst Katz. We encourage participants to become familiar with this translation in advance (click [here](#)). If you wish to prepare with background reading, there are various possibilities. A helpful essay by Dr. Katz is available [here](#).

~ Please arrive on time for this artistic offering. We plan to begin promptly. ~

~ Light refreshments will be served. ~

**If possible, please let us know you are coming: [nfoster@speakeasy.net](mailto:nfoster@speakeasy.net).**

**Debra Spitulnik** was a class teacher at WWS for twenty-one years and received her Goetheanum diploma as a speech artist from Performinternational in 2016. She now combines these two loves, bringing creative speech to the children and faculty of WWS; her unique perspective from her years as a class teacher enlivens plays, poetry, and story in grades 1-12. Debbie is also an adjunct instructor teaching speech, drama, storytelling, and curriculum to graduate students at Antioch University New England and the Center for Anthroposophy.